

Q1

BIBLE STORYLINE

Cain and Abel

K -
1stPursueGODkids.org

Lesson Overview

In today's lesson, we're going to learn about two brothers named Cain and Abel. Cain was the older brother and he grew up to be a farmer. Abel grew up to be a shepherd. One day, the brothers were told to bring an offering to God as a way to say "Thank You" for all the ways he had blessed them. Cain didn't put much thought into his gift. He just grabbed some vegetables he had grown and offered them to the Lord. But, Abel had a different attitude. He looked at all of his sheep and chose the best one to offer to God. God was pleased with Abel's attitude, and his gift, but was disappointed in Cain. Cain became very jealous of Abel and decided he wanted to hurt him. He took him out into the fields and killed him. Cain was so blinded by his jealousy that he made a terrible mistake. But, God still chose to be kind to Cain. He punished him but he still protected him. So, let's learn from Cain. Don't be jealous of other people because jealousy leads you down a bad road. But, even if you get jealous, God will still love and protect you.

Big Idea

God punished Cain for his actions, but he still protected him.

Key Question

Why is jealousy a bad thing?

Memory Verse

Psalm 145:17 "The Lord is righteous in everything he does; he is filled with kindness."

Classroom Agenda

- (5 min)** Let kids start working on Activity Page #1. 2nd-5th puzzle key: Cain, Abel, Brothers, Jealousy. We don't need to be jealous because God will provide.
- (5 min) WARM UP: Have you ever been jealous a friend or sibling? Explain.** (Tip: Maybe your friend has a better gaming system than you or your sibling wins more awards at school. You might feel jealous and angry. The story of Cain and Abel warns us about being jealous.)
- (5 min) PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
- (20 min) LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
- (2 min) RECAP: Read the Lesson Overview (see above).**
- (3 min) KQ: Answer the Key Question.** (Answer: **It makes us angry and pushes us away from God.** (Jealousy makes us angry because we feel like other people have what we feel like we deserve and it encourages us to make bad choices. We might be mean to a friend who has better stuff. We might steal or break something that doesn't belong to us. God doesn't like that. He wants us to trust that he will give us all that we need.)
 - Bonus Questions:** Why is jealousy so dangerous? What is the better way to be? **4-5th:** How have you seen jealousy ruin friendships in the past? What do you need to do to be less jealous?
- (5 min) EXPLORE: Read James 4:2-3. Why do we become jealous? What do you think is the right way to ask God for things?** (Answer: Jealousy is about wanting stuff we don't necessarily need and angry if others have it. Like Cain, jealousy leads to stupid choices. Instead, we should come to God and be thankful for all that we already have. We should ask God to give us what we need, not what we think we want.)
- (10 min) PLAY: Choose a group activity from Activity Page #2.**
- (5 min) CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGOD.org/kids to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: LESSON REVIEW TIC TAC TOE

Instructions:

- Divide the class into two teams. Give each team a bell or ringer. Assign each team either the "X" or "O"
- Ask a question from below. First to ring in gets a chance to answer. If correct, they get to put their symbol on the board. First to get 3 across, wins.
- If you have time, read the story of Cain and Abel from Genesis 4:1-16. Remind the kids that even though Cain had to be punished for his jealousy, God still protected him. God will protect us, too.

Questions:

1. Who was the oldest brother? (Cain)
2. What was Cain's job? (Farmer)
3. What book is full of God's truth? (Bible)
4. Who was the younger brother? (Abel)
5. What was Abel's job? (Shepherd)
6. What did Abel bring to God? (perfect lamb)
7. Where did Jesus die for us? (Cross)
8. Why did Cain get jealous? (God's favor for Abel)
9. Why did Jesus die for us? (Sins)
10. T or F: Cain's jealousy made him do a bad thing. (T)

Supplies needed: Bells/Ringers

OPTION 2: CAIN AND ABEL CRAFT

Instructions:

- Give each kid a paper plate.
- Give each kid a Cain and Abel template (page 5).
- Have kids color Cain and Abel and have them cut them out. Then have them cut out each word.
- Have them glue Cain on the left side of the plate and have them glue his name below him. Then have them glue the words for Cain around the left side of the plate. (Oldest, Farmer, Jealous)
- Have them glue Abel to the right side of the plate and have them glue his name below him. Then have them glue the words for Abel around the right side of the plate. (Younger, Shepherd, God-honoring)
- As the kids work, read the story of Cain and Abel from Genesis 4:1-16. Remind the kids that even though Cain had to be punished for his jealousy, God still protected him. God will protect us, too.

Supplies needed: Paper plates (1 per kid), Cain and Abel template (pg. 5, 1 set per kid), Scissors, Glue, Crayons

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Everyone gets jealous, and sometimes it makes you do foolish things. That's exactly what happened to a brother named Cain.

Key Points:

- Cain and Abel were _____, the children of Adam and Eve.
- God like _____ gift, but he didn't like _____. Genesis 4:3-5
- Because Cain was _____, he killed his brother Abel. Genesis 4:8
- God punished Cain for his actions, but he still _____. Genesis 4:13-16

Memory Verse:

| Psalm 145:17 The Lord is righteous in everything he does; he is filled with kindness.

Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *Have you ever been jealous a friend or sibling? Explain.*
3. *What were the names of the two brothers in the story? What were their jobs?*
4. *Why was Cain jealous of Abel?*
5. *Read James 4:2-3. Why do we become jealous? What do you think is the right way to ask God for things?*
6. *How will you apply this lesson to your life this week?*

Instructions: Color the picture.

GOD PUNISHED CAIN
FOR HIS ACTIONS,
BUT HE STILL
PROTECTED HIM

Key Question

Why is jealousy a bad thing?

Memory Verse

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CAIN



ABEL

OLDEST
FARMER

JEALOUS

YOUNGER
SHEPHERD

GOD HONORING